

**Attaining Competency in Assessing Pain**  
**POST-TEST Learner Self-Assessment of Knowledge**

Please respond to the following questions using the scale from 1-5, with 1 = Strongly disagree and 5 = Strongly agree. Please circle the number that best response to each question.

1. Residents with dementia often need me to use a pain scale that is different from the one I use for residents without dementia.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

2. Pain is a significant problem in nursing home residents.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

3. In residents with dementia pain is not recognized and not treated.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

4. I can describe three barriers to successfully treating residents with pain.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

5. I can list the characteristics of pain required by the MDS.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     |                |

6. I can identify common verbal and nonverbal (behavioral) expressions of pain displayed by residents with dementia.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

7. I can name three assessment tools for rating pain in residents with dementia.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

8. I can recognize the side effects of pain-treatment interventions.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

9. I can select the appropriate pain assessment tool for my residents with dementia.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

10. I can correctly score pain intensity in the MDS for nursing home residents.

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

11. I can classify pain as mild, moderate or severe based on interpreting the result obtained on the pain scale

| Strongly disagree | Disagree | Uncertain | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|
| 1                 | 2        | 3         | 4     | 5              |

Please complete this questionnaire and fax it to (305) 762-1472 or mail it to:

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