

Nursing Home Alzheimer's Disease and Related Disorders: Training for Long-Term Care Staff
Post-Test Assessment Questions for Learners

Questions for Section 1: Introduction to Dementia

1. Dementia is defined by changes in which of the following abilities? (Mark all that apply.)
 - A. Memory
 - B. Abstract thinking
 - C. Digestion
 - D. Communication ability

2. Little or no memory remaining is most likely to occur in which stage of dementia?
 - A. Early
 - B. Middle
 - C. Late

3. Mild confusion is most likely to occur in which stage of dementia?
 - A. Early
 - B. Middle
 - C. Late

4. Moderate to severe communication difficulties are most likely to occur in which stage of dementia?
 - A. Early
 - B. Middle
 - C. Late

5. Visual hallucinations are usually associated with:
 - A. Normal aging
 - B. Delirium
 - C. Dementia

6. "Progressively unable to care for himself, eventually requires total assistance" best describes:
 - A. Normal aging
 - B. Delirium
 - C. Dementia

7. "Mild forgetfulness, but able to use reminders" best describes:
 - A. Normal aging
 - B. Delirium
 - C. Dementia

8. Which of the following describes quality of life? (Mark all that apply.)
 - A. High quality of life resides in the full expression of life's potential
 - B. Is not important for dementia residents
 - C. Is made better through improved communication, environment, activities, etc.

Questions for Section 2: Communication

1. Increased difficulty in comprehending others is a common problem in which stage of dementia?
 - A. Early
 - B. Middle
 - C. Late

2. In which stage of dementia is vocabulary often reduced to a few words or phrases?
 - A. Early
 - B. Middle
 - C. Late

3. In which stage of dementia is difficulty finding words a common problem?
 - A. Early
 - B. Middle
 - C. Late

4. Which of the following are good ways to improve verbal communication? (Mark all that apply.)
 - A. Allow time to respond and present one idea at a time, minimizing information overload.
 - B. Use the resident's formal name instead of the name used by friends and family.
 - C. Praise and encourage the person; show affection.
 - D. Speak warmly, quietly, and with eye contact (when appropriate).

5. Which of the following are good ways to improve nonverbal communication? (Mark all that apply.)
 - A. Smile.
 - B. Use simple gestures to enhance what you say.
 - C. Maintain a reserved, cool expression.
 - D. Approach interactions in a calm matter.

6. Which communication behavior(s) are always good to use regardless of the resident's cultural background? (Mark all that apply.)
 - A. Give simple choices.
 - B. Maintain eye contact and close proximity.
 - C. Use non-threatening gestures.
 - D. Ask personal and family questions.

Please complete this questionnaire and fax it to (305) 762-1472 or mail it to:

TNH Program Administrator
Stein Gerontological Institute
5200 NE 2nd Ave
Miami, FL 33137