

First, Middle and Last Initials: _____ Date: _____
Facility: _____

Depression in Dementia

Module 5: "Communication"

Post-test Questions

1. Which of the following statements about communication with the resident with depression and dementia is most correct?
 - A. Talking about sad events may lead to suicide in a resident.
 - B. Residents who speak about their own death are in need of "cheering up".
 - C. Since most residents have experienced death of a family member, feelings about recent deaths should be left alone.
 - D. When a resident brings up the topic of death of a loved one, it is best not to change the subject.

2. What would be the most appropriate response for the nurse to make when a resident states "Don't bother with me."?
 - A. "You sound pretty discouraged."
 - B. "I know you feel down but that kind of talk makes it worse."
 - C. "Let's see what's on television this morning. You like game shows?"
 - D. "Come on now, it's not all that bad!"

3. A resident, age 95, has Alzheimer's disease and depression. During morning care, the nurse asks her, "How was your night?" The resident replies, "It was terrible, I didn't sleep. I just want to go to heaven." The nurse's best response is
 - A. "Well, it's just not your time yet."
 - B. "Don't we all?"
 - C. "Your time will come."
 - D. "You seem sad this morning."

4. A resident with dementia and depression comments to the nurse "I'm so stupid, I'm no good to anyone." Which of the following statements by the nurse would be most effective in helping the resident cope with depression?
 - A. "Feeling sorry for yourself will only make you feel worse."
 - B. "You are very smart!"
 - C. "Let's get you ready for music group."
 - D. "What do you mean, no good to anyone?"

5. Which of the following statements by the nurse would be best to assess a new resident's (Mrs. Davis) symptoms of depression?
- A. "Hello sweetie. How are we feeling tonight?"
 - B. "Do you remember who I am or where you are?"
 - C. "Hello Mrs. Davis. My name is John. I am your nurse tonight. How are you feeling?"
 - D. "Good evening Mrs. Davis. What would you like to wear to bed tonight?"
6. The nursing assistant reports that a depressed resident with dementia refused to get up in the morning and stated "Leave me alone, I just want to sleep". Which of the following statements by the nurse would be most effective in helping this resident?
- A. "You can stay in bed just for today."
 - B. "It is important for you to get up. Let me help you."
 - C. "I am not going to force you to get up but we cannot bring your breakfast to you in bed."
 - D. "If you stay in bed, I will have to put the side rails up"
7. Which of the following statements by the nurse would be best to help a resident (Mr. Rodriguez) with depression and dementia?
- A. "Hello Mr. Rodriguez. It's a beautiful day."
 - B. "I have some time to talk. Tell me about yourself."
 - C. "If you take your medicine, you will soon be feeling better."
 - D. "How did you enjoy your lunch?"

Please complete this questionnaire and fax it to (305) 762-1472 or mail it to:
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