

First, Middle and Last Initials: _____ Date: _____
Facility: _____

Depression in Dementia

Module 4: “Planning, Intervention, Evaluation”

Post-test Questions

Choose the one best answer:

1. Which of the following drugs is most likely to be prescribed for depression in a resident with dementia?
 - A. Risperdal (risperidone)
 - B. Exelon (rivastigmine tartrate)
 - C. Ativan (lorazepam)
 - D. Paxil (paroxetine HCl)
2. Which of the following medications increases the availability of serotonin in the brain?
 - A. Haldol (haloperidol)
 - B. Memantine (rivastigmine tartrate)
 - C. Lexapro (escitalopram oxalate)
 - D. Zoloft (sertraline)
3. The plan of care for a resident who has dementia and depression would be considered successful when the client
 - A. expresses frustration physically.
 - B. spends 10 or more hours in bed daily.
 - C. interacts with staff and other residents daily.
 - D. remains quiet most of the day.
4. A female nursing home resident with a diagnosis of Alzheimer’s disease and severe depression is admitted at 7 pm to the dementia unit of the nursing home. She has not been eating or sleeping well for the past 2 months. The nurse’s best course of action is to
 - A. put the resident to bed in a quiet room to allow her to recover her composure.
 - B. medicate her with a prn antipsychotic medication to ensure her calm cooperation with the admission procedures.
 - C. orient the resident to her room and provide close supervision.
 - D. give her a brochure written in large print to acquaint her with the environment.

5. The resident (above) becomes agitated at 4 am and wanders out of her room, calling anxiously for her daughter. The best initial nursing action would be to
 - A. guide her back to her room and ask her about how she is feeling.
 - B. administer PRN medication for depression.
 - C. put her to bed and put the side rails up to prevent falls.
 - D. confine her in a Geri chair where she can watch TV.

6. Which of the following antidepressants is generally avoided in elders with depression and dementia?
 - A. Paroxetine (Paxil)
 - B. Imipramine (Tofranil)
 - C. Sertraline (Zoloft)
 - D. Effexor (Venlafaxine)

7. Which of the following drugs blocks the reuptake of the chemical messengers dopamine and norepinephrine?
 - A. paroxetine (Paxil)
 - B. bupropion (Wellbutrin)
 - C. ativan (Lorazepam)
 - D. klonopin (Clonazepam)

8. Which of the following is the best first action for nurses when residents with dementia accuse them unjustly? The nurse should
 - A. try to defend him or herself.
 - B. explain to residents why they are wrong.
 - C. report the situation.
 - D. listen without commenting.

9. For the resident who has dementia and is preoccupied with thoughts of death, the most important safety measure is to
 - A. apply restraints.
 - B. keep the resident busy.
 - C. carefully observe and supervise the resident.
 - D. keep side rails up at all times.

Please complete this questionnaire and fax it to (305) 762-1472 or mail it to:
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