

First, Middle and Last Initials: _____ Date: _____
Facility: _____

Depression in Dementia

Module 3: "Assessment"

Post-test Questions

Choose the one best answer:

1. Which of the following statements about facial expressions in a resident with dementia is most correct?
 - A. Facial expression can be an important clue that someone is depressed.
 - B. Facial expressions are impossible to interpret in individuals with dementia.
 - C. Good eye contact is a symptom of depression.
 - D. Wide open or darting eyes signal a person who is at ease during an interview.

2. A resident with dementia and depression wanders all day on the dementia unit calling out "God help me." and "Help, help!" The nurse understands that these verbalizations are described as
 - A. Unrealistic fears
 - B. Repetitive calls for help
 - C. Repetitive questioning
 - D. Attention seeking

3. The nurse admits a new resident with a diagnosis of dementia. After two days, the nurse notices that the new resident refuses to participate in activities, eats very little and sighs and moans constantly. What should the nurse do first?
 - A. Call the family to report the behavior
 - B. Record the information in the resident's record.
 - C. Teach the resident the importance of becoming involved in activities
 - D. Talk to the resident to further assess for depression

4. Residents with dementia sometimes complain repeatedly about their health. Which of the following statements about repetitive physical complaints is most correct for the resident with dementia?
 - A. Repetitive physical complaints are not to be taken seriously. It is unlikely that anyone could have that many medical problems.
 - B. Repetitive health complaints are caused by a neurotic condition called hypochondriasis.
 - C. Repetitive health complaints may have a physical or psychological basis and should be evaluated further.
 - D. Paying attention to repetitive physical complaints should be avoided since you don't want to reinforce "whining" behavior.

5. When a resident with dementia accuses the nurse of stealing all her money, which of the following best describes what the resident is experiencing?
 - A. Lack of integrity
 - B. Unrealistic fears
 - C. Perseveration
 - D. Hallucinations

6. A female resident in a nursing home with a diagnosis of probable Alzheimer's disease is depressed. She wanders about the dementia unit every day asking where her husband is. This behavior is called
 - A. Repetitive questioning
 - B. Unrealistic fears
 - C. Repeated calls for help
 - D. Self-deprecation

7. The nurse admits a new resident with a diagnosis of dementia. After two days, the nurse notices that the new resident refuses to participate in activities and stays in her room as much as possible. This behavior is called
 - A. Persistent anger
 - B. Cry for help
 - C. Social isolation
 - D. Sensory deprivation

Please complete this questionnaire and fax it to (305) 762-1472 or mail it to:
TNH Program Administrator
Stein Gerontological Institute
5200 NE 2nd Ave
Miami, FL 33137